

# NA'KISHA CRAWFORD

Relationship Expert



Na'Kisha Crawford, M.Ed., Dip LC is widely recognized as a leading expert on personal growth and development and relationship building . As a best selling Author, Life Coach, Inspirational Speaker and Entrepreneur her goal is to inspire others to experience the journey and find happiness along the way. She has spoken to thousands of people from various backgrounds on topics that range from personal and professional growth to the development of healthy love and interpersonal relationships. With an interest in a more holistic approach to happiness, she strives to enable individuals to identify, clarify and define their own image of success so that they can create success in their relationships.

Her latest work, *So Good It Hurts...The Pain. The Fight. The Love.* is an all inclusive journey of her love and relationship story over the past 10-15 years where she shares both her personal triumphs in relationships as well as her bad decisions in men and relationship circumstances.

In addition, she has taken on a variety of roles that emphasize healthier and more positive lifestyles including being an expert life coach and national spokesperson for a Downy Simple Pleasures national campaign designed to improve the daily lives of working women. She has lectured collegiate level courses as well as written and implemented lesson plans for high school students. She has facilitated individual and group counseling sessions in addition to workshops on developing effective counseling techniques and she has conducted open forums for men and women on topics related to love and relationships. These experiences have provided her with critical knowledge about the possibility of overall success in relationships and in life.

Crawford's creative energy and passion drive her to keep pushing forward to a healthy and balanced transition toward success. Her debut book, "I Want It Now!" made critical acclaim stamping her as a national bestselling author and her sophomore project, *So Good It Hurts*, is sure to follow suit with her new dose of "Real Talk" on love.

## Accomplishments

- Leading expert on personal growth and development and relationship building.
- National Spokesperson for a Downy Simple Pleasures national campaign
- Bestselling Author, Life Coach, Inspirational Speaker and Entrepreneur.

## BestSellers List:

- Essence Bestseller- November 2008
  - Essence Magazine July 2004
  - Essence Magazine Nov 2004
  - Best Black Books Top 25 July 2004
  - Best Black Books Top 100 July 2004